

# Middle School Volleyball

You must have a current physical  
and be registered on Dragonfly to  
participate in summer workouts

Head Coach - Michelle Smith  
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## JUNE 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Off	2 Off	3
4	5 Off	6 Workout 3:30 to 5:00	7 Off	8 Off	9 Off	10
11	12 Off	13 Workout 3:30 to 5:00	14 Off	15 Off	16 Off	17
18	19 Off	20 Workout 3:30 to 5:00	21 Off	22 Workout 3:30 to 5:00	23 Off	24
25	26 Off	27 Workout 3:30 to 5:00	28 Off	29 Workout 3:30 to 5:00	30 Off	

There will also be workouts on Tuesday, July 25 & Thursday, July 27.  
School starts on August 8.  
Tryouts will be August 9-10.